

CIRCULAR

CMREC/NSS/001

Date: 18-09-2026

BLS & FIRST AID AWARENESS PROGRAMME

The National Service Scheme (NSS), CMR Engineering College, in association with Billion Hearts Beating Foundation & Apollo Hospitals CSR Wing, is organizing a BLS & First Aid Awareness Programme for the students.

The programme will provide awareness and hands-on training in CPR, Basic Life Support, Choking and First Aid, including demonstration and practice on mannequins, followed by a short assessment and Q&A session.

Date: 19 September 2026

Time: 2:00 PM – 4:00 PM

Venue: Block-I Auditorium, CMREC

All students are encouraged to participate actively and benefit from this valuable life-saving skills training programme.


HOD
HDS


Principal
18/9/26

BLS & First Aid Training Session Permission

2 messages

Tue, Sep 15, 2026 at 6:01 PM

Telangana Exe2 BHB <telangana_exe2_bhb@apollohospital.com>

To: "ratcha.shirisha@cmrec.ac.in" <ratcha.shirisha@cmrec.ac.in>

Cc: Telangana Exe1 BHB <telangana_exe1_bhb@apollohospital.com>, "rajashekhar_p@ahelpharmacy.org" <rajashekhar_p@ahelpharmacy.org>, "venugopal_g@apollopharmacy.org" <venugopal_g@apollopharmacy.org>

Dear Sir/Madam,

Greetings from Billion Hearts Beating Foundation & Apollo Foundation

We request you to add our organization as knowledge partner and permission to conduct BLS & First aid training for CMR Engineering College Medchal Students at free of cost.

We will conduct the program according to the schedule given by you.

It's a 2 hour awareness program, this includes a demo on mannequin, briefing on CPR, Choking & First aid thereafter each participant will practice on mannequin, Exam, Q&A.

In this connection, we also request you to confirm the date, no of participants, venue for the session.

We look forward to work with you closely to create awareness among the personnel.

Thanks & Regards

Rajashekhar.P & Venugopal

Billion Hearts Beating Foundation

Apollo Hospital CSR Wing

Hyderabad, Telangana region.

Cell: 9063819512, & 7032321186.

www.apollohospitals.com/csr Volunteer your time, talent, or treasure with the Apollo Foundation to create a positive impact across communities.

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Shirisha Ratcha <ratcha.shirisha@cmrec.ac.in>

To: "Dr.K.V Reddy" <hshod@cmrec.ac.in>

[Quoted text hidden]

Wed, Sep 16, 2026 at 9:17 AM

Confirmation of BLS & First Aid Training Session – 18 September 2026

1 message

Dr.K.V Reddy <hshod@cmrec.ac.in>
To: telangana_exe2_bnb@apollohospitals.com

Dear Mr. Rajashekhar P. & Mr. Venugopal,

Greetings from CMR Engineering College!

Thank you for your kind initiative and for offering to conduct the **BLS & First Aid Awareness Training Programme** for the students of CMR Engineering College, Medchal, at free of cost.

We are pleased to confirm the session as per the following details:

Date: 19 September 2026

Time: 2:00 PM

Venue: CMR Engineering College, Medchal

Participants: 200 Students of CMR Engineering College

We are happy to associate with the **Billion Hearts Beating Foundation & Apollo Foundation (CSR Wing)** as a knowledge partner for this awareness programme.

We appreciate your efforts to create awareness among our students on **CPR, BLS, Choking Management, and First Aid** through practical demonstrations and hands-on training.

We look forward to a fruitful and informative session and continued collaboration with your organization.

Thank you once again for your valuable initiative.

With Regards,

Dr. K.V. REDDY
M.Sc; M.Ed; P.hD., (O.U)
Professor & HOD H&S
CMREC, Medchal Road,
HYDERABAD - 501401.

SAVE PAPER - THINK BEFORE PRINT

Fri, Sep 18, 2026 at 12:38 PM

REPORT ON BLS & FIRST AID AWARENESS PROGRAMME

Organized by: NSS, CMR Engineering College

In Association with: Billion Hearts Beating Foundation & Apollo Hospitals CSR Wing

Date: 19 September 2026

Time: 2:00 PM – 4:00 PM

Venue: Block-I Auditorium, CMR Engineering College

No. of Participants: 200

Guest/Resource Person: Dr. Aishwarya

Introduction

The National Service Scheme (NSS), CMR Engineering College, in association with Billion Hearts Beating Foundation and Apollo Hospitals CSR Wing, organized a BLS & First Aid Awareness Programme for students on 19 September 2026. The programme aimed to create awareness about essential life-saving techniques and the importance of immediate action during medical emergencies.

Preamble

The programme was conducted under the guidance of the college leadership and NSS team, with **Dr. Aishwarya** serving as the guest/resource person. She explained the importance of Cardiopulmonary Resuscitation (CPR), Basic Life Support (BLS), choking management and first aid in emergency situations.

The session included practical demonstrations and hands-on training using mannequins, enabling students to understand and practise basic CPR and life-support techniques. Students actively participated in the session and clarified their doubts during the **Q&A session**, followed by a short assessment.

Conclusion

The programme was an informative and practical learning experience for the students. It enhanced their awareness of basic emergency-care procedures and encouraged them to respond confidently and responsibly during critical situations. The session reinforced the message of **“Learn Today, Save Lives Tomorrow.”**



CMR
EXPLORE TO INVENT

CMR ENGINEERING COLLEGE

UGC AUTONOMOUS

Kandlakoya (V), Medchal Road, Hyderabad – 501401



CMREC NSS UNIT
Not Me But You

*Small Actions..
Big Impact!*

NSS & CMR Engineering College
in association with Billion Hearts Beating Foundation & Apollo Hospitals CSR Wing
is organizing a

*Learn
Today
Save Lives
Tomorrow*

BLS & FIRST AID

AWARENESS PROGRAMME

BE PREPARED | SAVE LIVES

The programme will provide awareness and hands-on training in CPR, Basic Life Support, Choking and First Aid, including demonstration and practice on mannequins, followed by a short assessment and Q&A session.



Date
19 September 2026
(Saturday)



Time
2:00 PM – 4:00 PM



Venue
**Block-I Auditorium,
CMREC**

Chief Patrons

Sri Ch. Narasimha Reddy
Chairman

Sri Ch. Bhopal Reddy
Vice-Chairman

Sri Ch. Srisaillam Reddy
Secretary & Correspondent

Patron

Dr. M. Ashok
Principal

Coordinator

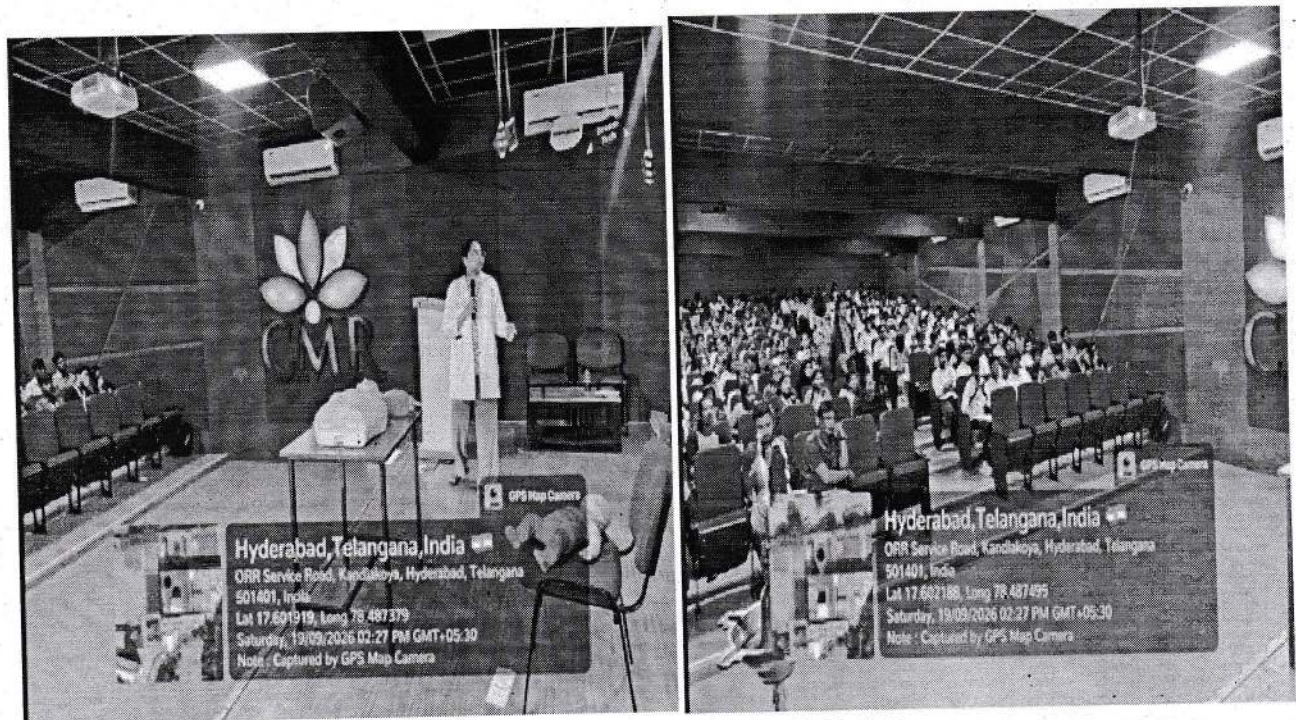
Mrs. R. SHIRISHA
(Assistant Professor)

Convenor:
Dr. K.V. REDDY
(HOD H&S)

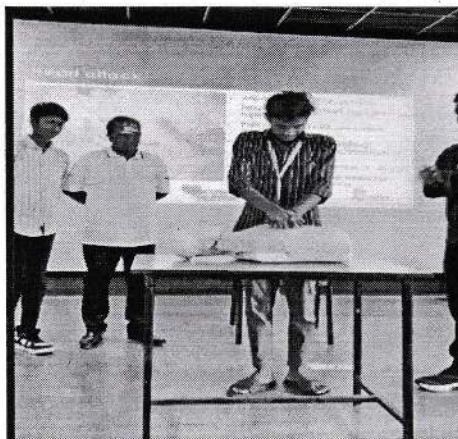
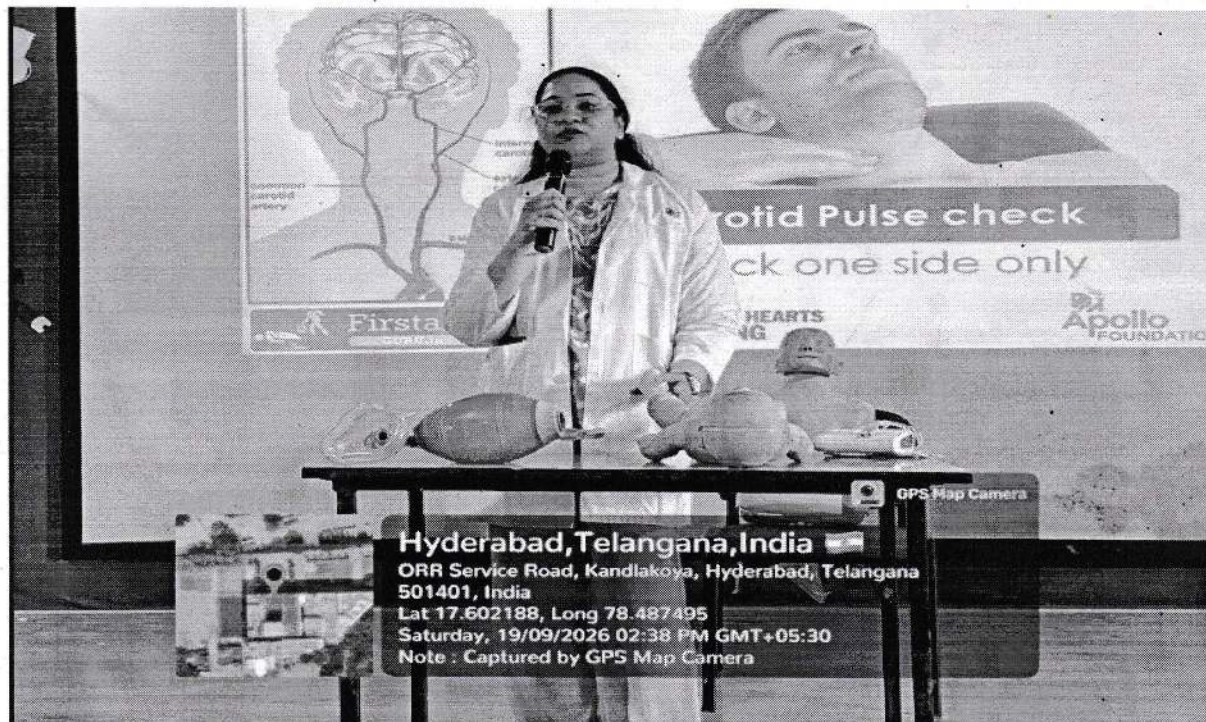
Learn Today • Save Lives Tomorrow



Programme Poster – BLS & First Aid Awareness Programme



Dr. Aishwarya Demonstrating First Aid and CPR Techniques



Students Participating in Hands-on CPR and First Aid Training



Distribution of Participation Certificates to the Students



Sample Participation Certificates

K. B. Leady
• HOD

[Signature]
PRINCIPAL